

## PREVENTION CHECKLIST

- Clean and disinfect commonly touched surfaces
- Use a tissue to cover your mouth and nose when you sneeze, then throw it away
- Cough or sneeze into your elbow when a tissue isn't available
- Wash your hands often
- If you are sick, stay home

## PREVENTION PLAN

Preparing for the cold and flu season is the best defense for a workplace or school. Developing a customized plan using the guidelines below will ensure the best results:

-  Develop and display safety guidelines for workers and students who are sick to prevent the spread of illness.
-  Understand which strains of the flu react to which disinfectant.
-  Practice good housekeeping procedures, cleaning surfaces that frequently come into contact (desktops, keyboards and computer mice, doorknobs, drinking fountains, etc.).
-  Make hand, surface and air sanitizers available to occupants and educate on use and frequency.
-  Order enough cleaning and disinfecting supplies to last 6-8 weeks to ensure supplies are adequate if a breakout of illness occurs.

## SANITIZERS & DISINFECTANTS

EBP offers several types of sanitizers and disinfectants to help prepare your school or workplace for the cold and flu season:



### HAND SANITIZERS

Kill germs on hands, stopping the spread of germs to everything that people touch on a daily basis.



### SURFACE DISINFECTANTS

Kill germs on contact of hard and non-porous surfaces, stopping the spread of infection.



### AIR SANITIZERS

Neutralize the air, killing airborne germs to reduce the spread of infection.

## ENVIRONMENTAL PREPAREDNESS

Defend and protect your school or workplace environment from the spread of germs.

**UNDERSTAND** germ concentration zones (keyboards, desktops, computer mice, drinking fountains) and provide the proper disinfectant to clean.

**EDUCATE** occupants on importance of hand sanitizer use and proper techniques for covering coughs and sneezes to stop the spread of the cold and flu.

**ENCOURAGE** occupants to stay home if they are contagious.

**CONTACT AN EBP SPECIALIST TO DEVELOP A CUSTOMIZED PRODUCT PLAN FOR YOUR ORGANIZATION**