

PREVENTION CHECKLIST

- Clean and disinfect commonly touched surfaces
- Use a tissue to cover your mouth and nose when you sneeze, then throw it away
- Cough or sneeze into your elbow when a tissue isn't available
- Wash your hands often
- If you are sick, stay home

PREVENTION PLAN

Preparing for the cold and flu season is the best defense for a workplace or school. Developing a customized plan using the guidelines below will ensure the best results:

-  Develop and display safety guidelines for workers and students who are sick to prevent the spread of illness.
-  Understand which strains of the flu react to which disinfectant.
-  Practice good housekeeping procedures, cleaning surfaces that frequently come into contact (desktops, keyboards and computer mice, doorknobs, drinking fountains, etc.).
-  Make hand, surface and air sanitizers available to occupants and educate on use and frequency.
-  Order enough cleaning and disinfecting supplies to last 6-8 weeks to ensure supplies are adequate if a breakout of illness occurs.

SANITIZERS & DISINFECTANTS

EBP offers several types of sanitizers and disinfectants to help prepare your school or workplace for the cold and flu season:



HAND SANITIZERS

Kill germs on hands, stopping the spread of germs to everything that people touch on a daily basis.



SURFACE DISINFECTANTS

Kill germs on contact of hard and non-porous surfaces, stopping the spread of infection.



AIR SANITIZERS

Neutralize the air, killing airborne germs to reduce the spread of infection.

ENVIRONMENTAL PREPAREDNESS

Defend and protect your school or workplace environment from the spread of germs.

UNDERSTAND germ concentration zones (keyboards, desktops, computer mice, drinking fountains) and provide the proper disinfectant to clean.

EDUCATE occupants on importance of hand sanitizer use and proper techniques for covering coughs and sneezes to stop the spread of the cold and flu.

ENCOURAGE occupants to stay home if they are contagious.

CONTACT AN EBP SPECIALIST TO DEVELOP A CUSTOMIZED PRODUCT PLAN FOR YOUR ORGANIZATION